



Twelve mills located throughout the country give prompt delivery and national distribution.

Many offices conveniently situated to serve practically the entire country.

Annual capacity over 12,000,000 barrels.

It is a good plan to have several sacks of Lehigh always on hand for use about the place.

Ask your dealer for Lehigh Cement

G. H. STROTHER, Agent
MT. STERLING, KENTUCKY
Concrete for Permanence



Member of Portland Cement Association

MOLD ON CANNED GOODS

Mold may develop on canned goods—

- (1) If the seal is defective.
- (2) If, after sterilizing, tops are removed from jars to replace rubber rings. Jars should be returned to the canner for at least five minutes when this is done.
- (3) If jars are kept in a damp place where the rubbers may decompose, mold may enter through these decomposed rubbers.

A clear conscience and a sweet smile will make any girl a winner.

Let Us Clean and Press Your Summer Suit

You will look better, feel better, and your clothing will last longer.

We clean, press and repair everything for everybody, and it only costs a little.

You ought to see us and we want to see you.

HATS OF ALL KIND CLEANED AND RE-BLOCKED.

The People's Cleaning and Pressing Co.

J. C. PETERS, Manager
PHONE 341

GIRLS WHO MAKE POOR WIVES

We never see a petted, pampered girl who is yielded to in every whim by servants and parents that we do not sigh with pity for the man who will some day be her husband. It is the worshipped daughter who has been taught that her whims and wishes are supreme in a household, who makes marriage a failure all her life. She has had her way in things great and small; and when she desired dresses, pleasures or journeys which were beyond the family purse, she carried the day with tears or sulks, or posing as a martyr. The parents sacrificed for her sake, hoping finally to see her well married. They carefully hide her faults from her suitors who seek her hand and she is ever ready with smiles and allurement to win the hearts of men, and the average man is as blind to the faults of a pretty girl as a newly hatched bird is blind to the worms upon the trees about him. He thinks her little pettish ways are mere girlish moods; but when she becomes his wife and reveals her selfish and cruel nature, he is grieved and hurt to think fate has been so unkind to him.

Highest Market Price Paid

—for—
Poultry and Produce

G. D. Sullivan & Co.

W. Locust Street Mt. Sterling, Ky.
Phone: Office 474. 122.
13-177

GOVERNMENT CROP REPORT

A summary of the July crop report for the State of Kentucky and for the United States, as compiled by the Bureau of Crop Estimates, and transmitted through the Weather Bureau, U. S. Department of Agriculture, is as follows:

CORN

State—July 1 forecast, 108,000,000 bushels; production last year, final estimate, 114,000,000 bushels.

United States—July 1 forecast, 2,870,000,000 bushels; production last year, final estimate, 3,054,535,000 bushels.

ALL WHEAT

State—July 1 forecast, 9,500,000 bushels; production last year, final estimate, 9,900,000 bushels.

United States—July 1 forecast, 759,000,000 bushels; production last year, final estimate, 1,011,505,000 bushels.

OATS

State—July 1 forecast, 4,500,000 bushels; production last year, final estimate, 5,460,000 bushels.

United States—July 1 forecast, 1,320,000,000 bushels; production last year, final estimate, 1,540,362,000 bushels.

TOBACCO

State—July 1 forecast, 140,000,000 pounds; production last year, final estimate, 356,400,000 pounds.

United States—July 1 forecast, 1,190,000,000 pounds; production last year, final estimate, 1,060,587,000 pounds.

POTATOES

State—July 1 forecast, 4,380,000 bushels; production last year, final estimate, 6,428,000 bushels.

United States—July 1 forecast, 369,000,000 bushels; production last year, final estimate, 359,103,000 bushels.

SWEET POTATOES

State—July 1 forecast, 950,000 bushels; production last year, final estimate, 1,050,000 bushels.

United States—July 1 forecast, 73,900,000 bushels; production last year, final estimate, 74,295,000 bushels.

HAY

State—July 1 condition 88, compared with the eight year average of 78.

United States—July 1 condition 93.4, compared with the eight-year average of 82.2.

PASTURE

State—July 1 condition 96, compared with the ten-year average of 84.

United States—July 1 condition 97.7, compared with the ten-year average of 85.7.

APPLES

State—July 1 forecast, 2,650,000 barrels; production last year, final estimate, 4,170,000 barrels.

United States—July 1 forecast, 72,500,000 barrels; production last year, final estimate, 76,670,000 barrels.

PEACHES

State—July 1 forecast, 1,280,000 bushels; production last year, final estimate, 1,320,000 bushels.

United States—July 1 forecast, 42,100,000 bushels; production last year, final estimate, 63,460,000 bushels.

HEMP

State—July 1 condition, 98, compared with the ten-year average of 85.

PRICES

The first price given below is the average on July 1 this year, and the second, the average on July 1 last year.

State—Wheat, 105 and 107 cents per bushel. Corn, 84 and 84. Oats, 58 and 56. Potatoes, 115 and 80. Hay, \$13.80 and \$16.40 per ton. Eggs, 17 and 14 cents per dozen.

United States—Wheat, 92.9 and 102.8 cents per bushel. Corn, 75.4 and 77.7 cents. Oats, 40.5 and 46.7 cents. Potatoes, 102 and 52.1 cents. Hay, \$12.10 and \$11.70 per ton. Cotton, 12.5 and 8.6 cents per pound. Eggs, 19.7 and 16.8 cents per dozen.

Every man's life is a failure who does not try to do something to leave the world richer than he found it.

INFANTILE PARALYSIS AND ITS CAUSES

The virus of poliomyelitis or infantile paralysis exists in the secretions of the nose, throat (nasopharynx) and in the discharges from the intestine (faeces.) Here the mode of spread may be as follows:

First. Kissing, coughing, sneezing, which carry the secretions of the nose and throat from one person who may be infected to other persons who may not be.

Since the disease attacks by preference young children and infants whose nasal and buccal (mouth) secretions are wiped away by mothers or nurse the fingers of these persons readily become contaminated. The contaminated fingers may, therefore, lead to the conveying of the infectious micro-organism indirectly from the sick to the healthy.

This danger also exists in connection with venders of food which is eaten uncooked. The existence of cases of poliomyelitis in the homes of venders of food is, there, a potential source of danger.

Second. Since the discharges from the bowels carry the infectious micro-organism, they are also potential sources of infection. From that source the dissemination can be made in two principal ways: (a) by means of parents or nurses caring for cases of poliomyelitis, and (b) by means of houseflies which, feeding on the discharges, become grossly contaminated so that by lighting on food they contaminate it, or upon the mouth or nose of healthy persons, they may carry the infection directly to them.

Flies also often collect about the nose and mouth of patients ill of poliomyelitis unless protected by screens. These flies also become contaminated and may serve to spread the infection.

The infectious agent enters the body chiefly, if not exclusively, through the mucous membranes of the nose and throat.

Prophylaxis involves isolation of the acutely ill, proper care and destruction of the contaminated discharges, supervision of persons in contact with the acutely ill and of venders of food, exclusion of all flies and general sanitary control of the personnel and habitation in

JOHN W. JONES

THE JEWELER

Mt. Sterling, Ky.

CONSTANT ADVERTISING

The business man who wins success is the man who advertises and who advertises constantly. Spasmodic advertising brings results but not such results as are obtained by the man who keeps his business constantly before the public. The big mail order houses sell goods on a small margin profit and make a large volume of business. They succeed because they are not afraid to spend money for advertising which they appropriate annually in large sums. They do not spend it on sign boards or by investing in fake advertising schemes. They buy space in newspaper week in and week out the year round, and the results flow in. When a merchant learns that constant advertising in his home paper is the best kind of advertising he has started on the highway to success.

Speak gently of the one who speaks ill of you and the world will regard you as a gentleman and him not at all. You win.

Keep right on telling people this is a good town and in time they will make you believe it yourself.

The Call To Breakfast

Has a new appeal for those who awake to a breakfast of

New Post Toasties



These new corn flakes bear a unique deliciousness because of their self-developed flavor and improved form. The flavor is the true essence of choice, ripe Indian corn. Unlike ordinary "corn flakes," the New Post Toasties do not depend upon cream and sugar for their palatability.

Try some dry—they're good that way and the test will demonstrate their flavor. Then try some with cream or rich milk. Note that New Post Toasties are not "chaffy in the package; and that they don't mush down when cream is added.

New Post Toasties are known by the tiny "bubbles" on each flake, produced by the quick, intense heat of the new process of making. They come in a wax-sealed package that preserves their oven crispness and delightful flavor—the most perfect corn flakes ever produced.

For Tomorrow's Breakfast—New Post Toasties

Sold by Grocers everywhere.



AWAY up in the mountains of Western North Carolina are the beautiful and attractive resorts of Asheville, Black Mountain, Hendersonville, Brevard, Lake Toxaway, Saluda, Waynesville, (Lake Junaluska), Flat Rock, Hot Springs, and Tryon.

Spend your vacation at one of these cool and delightful places or at Tate Spring, Tenn. Round trip Excursion tickets are on sale daily, good until October 31st, via

Special denominational Missionary and Bible Conferences at Black Mountain, Ridge Crest and Waynesville, N. C. (Lake Junaluska.)



SOUTHERN RAILWAY
Premier Carrier of the South



Stop-overs allowed at all points. Three special Low Fare Excursions will be run during the summer. Ask for details.

For full information see Ticket Agent, Southern Railway, or write J. H. Todd, District Passenger Agent, Louisville, Kentucky.